

WEEK 4: JANUARY 22-28
DISCIPLESHIP GROUP LESSON

 **MEETING AGENDA**

1. **OPENING PRAYER** - Ask one person to open the meeting in prayer.
2. **GROWTH QUESTIONS** - Ask everyone the Growth Questions.
3. **ATTENDANCE**- Take attendance through the DG Attendance System.
4. **TODAY'S LESSON** - Go over this week's DG lesson.
5. **GIVING** - Encourage everyone to give on the App.
6. **CLOSING PRAYER** - Ask for prayer requests and pray.



GROWTH QUESTION #1

Who would like to share a highlight, praise report, or testimony from this week?



GROWTH QUESTION #2

What did you learn from this week's sermon?



GROWTH QUESTION #3

What was your most important accomplishment this week?

DONT WORRY

TODAY'S PASSAGE:

Matthew 6:25-27 NLT 25 "That is why I tell you not to worry about everyday life —whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? 26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? 27 Can all your worries add a single moment to your life?"



INTERACTIVE QUESTIONS

What did you learn from what we just read?



GROWTH PRINCIPLE #1

Jesus Commands Us Not To Worry. (v. 25)

- If Jesus commands us not to worry, then worry is a sin that will always leads to death and misery.

James 1:15 (NIRV) - ...when sin is allowed to remain and grow, it leads to death.

- DEFINITION - Death: separation from God and His blessings, leading to ruin, slavery, and misery
- If Jesus commands us not to worry, then it is possible to live a worry-free life. He will never command us to do something that He will not empower us to do.
- DEFINITION - Worry (merimnaō): to be anxious about, to be troubled with cares; to take thought
- We must discipline ourselves not to receive or take in thoughts that cause us to worry. Just because a thought comes, doesn't mean we need to take it in.
- Say "NO!" to worry!



INTERACTIVE QUESTIONS

What are some of the things that you are tempted to worry about?
What did you learn about worry from this growth principle?



GROWTH PRINCIPLE #2

You Are Valuable To God And He Will Provide All Your Needs. (v. 26)

- We overcome worry by knowing that our heavenly Father loves us and promises to take care of us.
- Birds live a worry-free life because they know that God has and always will feed them.
- DEFINITION - Feed: to nourish; to support; to cause growth
- Jesus reminds us that we are way more valuable than birds to God. If He provides for them, of course, He will provide for us!
- We overcome worry by believing and declaring that God is our Provider! (Thoughts of worry are conquered by declarations of faith!)

Philippians 4:19 (NIV) - And my God will meet all your needs according to the riches of his glory in Christ Jesus.

- You'll never have provision that you don't have the faith to declare.



INTERACTIVE QUESTIONS

What did you learn about God in this growth principle to help you overcome worry? How does declaring God's provision help us overcome worry?



GROWTH PRINCIPLE #3

Worry Never Leads To Spiritual Growth. (v. 27)

- Worry is a subtractor not an advancer. It subtracts our joy, peace, clarity, creativity, and faith in God.
- Instead of worrying, we should be praying and growing in the peace of God.

Philippians 4:6-7 (NLT) - 6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

We overcome worry by giving our cares and concerns to God in prayer.



CLOSING QUESTIONS

What is one thing from today's lesson that you learned and will apply this week?

GIVING

Giving generously ensures that we will have all that we need and that we become channels through which God's abundance flows to the lives of others.

2 Corinthians 9:8 (NLT)

And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

Encourage everyone to give their tithes and offerings.

PRAYER



QUESTION #1

Who are you praying for to be saved?



QUESTION #2

Who can you invite to the next meeting?



QUESTION #3

What are your prayer requests?