Hello! We at the Way Counseling Dept. would like to take this time to reach out and reach into your hearts with encouragement and wisdom that you can apply or share in ministry, your workplace, or your home.

**Being in the presence of God there is:** Love, Peace, Joy, Freedom, and Deliverance.

Just like King David said in **Psalm 16:11** "You will show me the path of life; in your presence is fullness of joy; in your right hand there are pleasures forevermore".

God's presence leads and guides us to His goodness. No matter the stress, opposition, or hardships of our day...God will help us to navigate through those storms to sunny skies!

Once we experience the presence of God, **Psalm 84:1-2** comes to life, "How lovely is your dwelling place, Lord Almighty! My soul yearns, even faints, for the courts of the Lord; My heart and my flesh cry out for the living God".

No other place can compare to being in The Presence of God! Have you ever, actually, yearned for something? The word yearn is defined like this: to have an earnest or strong desire; to feel tenderness; be moved or attracted. God wants us to have an earnest desire for Him!

We may be dealing with things we cannot get free of: tormenting thoughts, anxiety, or depression...but the power of God's presence means He is there. Right there in that moment, wherever you are. No matter what has happened...He is there!! And where God is, there is power to free you from what has bound and tormented you.

**2 Corinthians 3:17** For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom.

## So how do we get in His presence?

It is important to know God wants us in His presence. That He is waiting to spend time with us.

**Hebrews 4:16** So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

There are several ways, but here are some of my favorites:

1. Go to your favorite quiet place, open His Word, and begin to read His Word.

2. Pray and sing songs of His goodness and mercies.

3. Meditate and focus on who He really is. God will meet with those who earnestly seek Him.

## "Peace for Today"

## THANKFUL

We are in a time and place that we need to remember the goodness of God; it is easy to focus on what is not working, but God is always working.

I Am Thankful for It All I thank You for it all The good, bad, the ugly, great and small The times of victory, and when I fall I'm so grateful that I'm still standing tall I thank You for my tears The pain helped me overcome my fears You've been good to me down throughout the years It's a miracle that I'm still standing here All that I am is because of all that You brought me through And everything I survived, it's all because of You Psalm 23:1-4,6

Marvin Sapp – "Thank You For it All"

> Copy and paste the link into your browser: https://youtu.be/IYormA JoEk8

